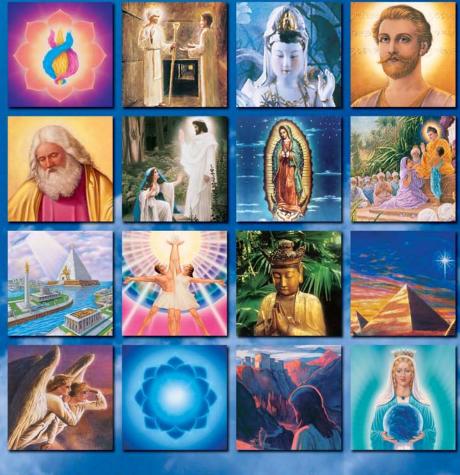
# Inner, Perspectives

A GUIDEBOOK FOR THE SPIRITUAL JOURNEY



**ELIZABETH CLARE PROPHET** 

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Elizabeth Clare Prophet

SUMMIT UNIVERSITY SPRESS® Corwin Springs, Montana

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Web site: www.summituniversitypress.com

Design and layout: Brad Davis

Library of Congress Control Number: 2003104590

ISBN: 0-922729-87-5

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#### **Foreword**



In the early 1970s, I was one among many disillusioned young people struggling to reconcile an inner awareness of truth, spirituality and justice with the seeming inequities of the times. The inherent contradictions of mainstream religion seemed painfully obvious. How, for example, could the idea of a just God be reconciled with the clear inequities of circumstance into which people are born? Yet despite these and other concerns, I felt I had glimpsed the light and I believed in great possibilities.

The son of a fundamentalist preacher, I had been saturated from childhood with notions of the immutable rightness of divine purpose, which even in my most cynical periods never quite forsook me. One nagging personal question, though, refused to go away: Why couldn't the truth about things divine make sense? By 1975, the attempt to answer that question in a satisfactory way had led me into explorations along the less traveled byways of Christian mysticism, Eastern religion, Theosophy, as well as other systems and teachings. I had become convinced that an ancient wisdom yet survived that could, I believed, successfully answer my questions. But where could I find it?

In the summer of 1975, I left the southern city where I had been a radio newsman and talk show host for several years with the clear intuition that I would find what I was looking for. Two months later on the University of Washington campus, I met a group of people who were studying what they termed "the teachings of the ascended masters" as taught by Elizabeth Clare Prophet. Soon a personal and dramatic episode began to unfold for me. From that time on, the thoroughness with which "the teachings" proceeded to answer my innermost questions and

confirm my deepest intuitions was almost eerie.

In July of 1976, I found myself in Washington, D.C., attending a conference entitled "Higher Consciousness," conducted by Mrs. Prophet herself. Within a few weeks I was working full-time for The Summit Lighthouse, a spiritual organization founded in 1958 by Mark L. Prophet, Mrs. Prophet's late husband. Soon I was to have the great good fortune of working closely with her on many projects and becoming well acquainted with one of the most remarkable people of our time.

With an extensive broadcasting background, I naturally believed that a series of radio interviews on the basic precepts of the Teachings of the Ascended Masters would be a good idea. Mrs. Prophet agreed, and in the spring of 1977 we recorded a series of fifteen-minute programs for broadcast every weekday morning for thirteen weeks on KIEV in Los Angeles. The result, I believe, was radio history.

Notwithstanding the time constraints, those remarkable programs covered with thoroughness and clarity a vast array of material, most of which had never been discussed so publicly before. The opportunity to participate in such a groundbreaking project was certainly one of the most memorable experiences of my life. That those interviews can now be offered in the present form is more than I could have hoped for.

In the following pages, you will meet the Elizabeth Clare Prophet who spent so many hours with me in that crowded Pasadena studio shedding light on some of life's deepest mysteries. And I believe that when you do, you will come to see her as I always will, as one of the wisest and most compassionate souls ever to walk among us.

Doug Kenyon Publisher, Atlantis Rising Magazine

### Awakening to Life's Purpose



- Who is Elizabeth Clare Prophet and what is her mission?
- Who is Saint Germain?
- What do Saint Germain and Jesus have in common?

Mrs. Prophet, the first order of business on this premier program is to answer that important question: Just who is Elizabeth Clare Prophet and what does she have to say to America and the world?

**A:** It's really great to be able to talk to you and to a lot of wonderful people who are seeking the meaning of the inner life. I remember when Gautama Buddha first came on the scene. He was such an extraordinary individual that they didn't ask him, "Who are you?" but they asked him: "What are you? Are you a God? Are you a man? Are you human or divine?" And he gave the simple answer, "I am awake!"

So, rather than talking about who I am or where I came from, I would simply say that I am a devotee of God. And in the devotion that I have found for God, I have discovered that he has a great truth for his people on earth in this hour.

That truth comes from within all of us. It is the truth of the Inner Self and the law of being. I come as a devotee of God to share my devotions, for I believe God has given to us a new science and a new religion whereby we can master ourselves and our age.

Q: I think everybody longs for this point of understanding,

but most of us find it quite elusive. How is it that you have come to it?

**A:** I can remember wondering about God and feeling that I knew him personally when I was a little child the age of two or three. My first recollections are of my meditations upon God.

I believe that all children have that inner contact and that the more we are in this world, the more we lose that contact. But somehow I knew as I was growing up that the most important thing in life for me was to find God and to do a work for him that I knew I had come to do.

Interestingly, this concept is touched on in Maurice Maeterlinck's story *The Blue Bird*. In the play, two children, Tyltyl and Mytyl, are on a quest to find the Blue Bird. They come to a blue palace where little children are waiting to be born and masterful beings are directing them. Father Time comes as the children are about to be born and ushers them onto a ship. As the ship sails away toward earth, one can hear in the distance the voices of expectant mothers singing for the arrival of their children.

Upon interviewing the little children, Tyltyl and Mytyl find that each child is going forth with a mission. The children are not allowed to be born unless they have something special to bring to earth. So they begin to tell Tyltyl and Mytyl what they are going to do: One will become a scientist. One will become the ruler of worlds. One will have remedies for sicknesses.

It is not only my own soul but the soul of each one of us that remembers coming with a mission. And I call that mission the "divine plan" or the "inner blueprint." What people should realize is that I am not an exception but rather the rule and that anything that I discover is a gift of God for everyone else.

The first thing that heals the longing of the soul to find God is the recognition that we were each born with a cosmic purpose and a specific divine plan. The second is the recognition that there are masterful beings functioning just beyond the physical plane,

referred to by various names in the scriptures of East and West. These ascended masters are our sponsors and our teachers as we attend earth's schoolroom to work out the problem of being.

Our souls will never be content until we discover the mission and the meaning of our lives. And therefore, we need to learn the rules of the game and follow them under the direct guidance of those who know them (and us) well if we are to meet the great challenge of our evolution on earth.

This is the inner perspective that I would like to convey today and as we proceed with these broadcasts. First and foremost, each one of us must make contact with the Inner Self and, in finding that Inner Self and that reality, discover: Why was I born? Why am I here? And what am I going to do about this commitment that I have made to life and to other parts of life on earth?

## Q: Is there anything in your experience that is unique, that gives you this special insight that many of us don't have?

**A:** I have a deep respect for people who intensely follow a certain calling or who have a particular genius or dedication. It doesn't matter whether it is in science or art or business or law. It doesn't matter whether it is in being a mother or a father or a great singer or a pianist. It is the same flame, the same inner dedication of a soul who has found, if not the entire meaning, a portion of the meaning of his life.

I believe that I made a commitment to give to the world a synthesis of the teachings of the world's great religious leaders and to provide the children of God with a way out in this hour. It is the hour of transition between the age of Pisces and the age of Aquarius.\* The age of Pisces was dominated by the great

<sup>\*</sup>Approximately every 2,150 years the earth passes through an age corresponding to one of the twelve signs of the zodiac. The length of an age is determined by a phenomenon called the precession of the equinoxes. A new age begins when the point of the spring equinox moves from one sign of the zodiac to another.

figure of the Lord Jesus Christ. The age of Aquarius is dominated by the Ascended Master Saint Germain, who embodies the flame of freedom.

In this period of transition as we enter the age of Aquarius, the emphasis is on freedom—freedom of the soul and freedom of consciousness. We find great struggles for freedom being carried on in many nations on earth today. We see the suppression of human rights and that endowment of free will that is inalienable to the soul. In this age when we desire freedom, we have to learn the laws that govern freedom and the great disciplines of love that come to us as the Holy Spirit is released from within.

Q: You mentioned both Jesus and Saint Germain, and that immediately raises a lot of questions. I think probably the most important question is: What do Jesus and Saint Germain have in common?

**A:** I see these great ones as Sons of God. We are all God's sons and daughters, but these Sons have mastered the challenge of life on earth. They have mastered the self, mastered time and space and returned to the Inner Reality, which is called God.

Jesus demonstrated the nature of this mastery according to the way of the Piscean conqueror and returned to what we call the "white-fire core of being" in the ritual of the ascension at the conclusion of his life.

The process of the ascension is actually an acceleration of consciousness. It is an acceleration of the vibration and frequency of the very atoms, cells and electrons that compose our beings.

Jesus is the archetype of those who have reunited with the light of the Christ. He was not the exception but the rule—he was the example. What one son of God can do, every son (and daughter) of God can do! This is the message of Jesus for the Piscean age, and it is also the message of Saint Germain for the Aquarian age.

Saint Germain has figured on earth in many incarnations. At the time of Jesus, he was embodied as Joseph, the protector of Mary and Jesus. We know that many Catholics who have prayed to Saint Joseph have received answers in wonderful and miraculous ways. Prior to his incarnation as Joseph, Saint Germain was embodied as the prophet Samuel. He later embodied as Francis Bacon.

We see, then, in the evolution of this soul one who was prophet as Samuel, one who was the archetype of father as Joseph, and one who was a great author and statesman as Francis Bacon. The acceleration of his consciousness and his return to the white-fire core in the ascension took place in 1684, following his life as Francis Bacon.

Subsequent to that, he was very present and very noticed in the courts of Europe as le Comte de Saint Germain, the "Wonderman of Europe." Isabel Cooper-Oakley wrote a book about him entitled *The Comte de St. Germain*. The Count warned kings and queens of coming calamities. He predicted the French



Le Comte de Saint Germain

Revolution and attempted to stay the hand of the guillotine.

Saint Germain's desire was to form the United States of Europe. Failing at this, he turned his attention to the United States of America, sponsoring the Constitution and a way of life for people who would come from every nation to pursue the flame of freedom, the flame of the Aquarian age.

Saint Germain figures in our folklore as Uncle Sam—a name that harks back to his embodiment as the prophet Samuel. So the prophet Samuel in the person of Saint Germain is the one who gives the American people their tremendous zest for freedom, their creative genius and sense of alchemy—their impetus for constant self-evaluation and transformation. Above all, Saint Germain sponsors science, technology and the great inventions that have come forth in America for all peoples.

Saint Germain is the master of the Aquarian age and the one who will teach us to find the Christ as the Real Self in this two-thousand-year cycle. Today I have given you just a glimpse of this cosmic being, but we will be talking more about him in future broadcasts.

### **Your Divine Blueprint**



- What is the Inner Self?
- Was Jesus the only master?
- Original sin or original bliss? Which is real?

Mrs. Prophet, on our last program we spoke about contacting the law of the Inner Self. What is the Inner Self?

**A:** The Inner Self has been revealed in many forms to those who have sought it. And the forms that the Self has taken have determined the course of the world's major religions.

Gautama discovered that Self to be the Buddha. Jesus discovered that Self to be the Christ. But Moses began with the inner realization of what, for me, is the cause behind the effect—the real Source.

When God appeared to Moses out of the bush that burned but was not consumed and gave him his commission to go and speak to the people of Israel and to rescue them from Egyptian bondage, Moses asked the voice that spoke to him, "Who shall I say sent me?" And the voice of God spoke and gave the identification that has been for time immemorial the source of light to his people. God said, "Tell the children of Israel that I AM hath sent you unto them." And he gave his name as I AM THAT I AM.

This was the declaration of being, and upon that declaration of being was the mission of Moses. It was power. It was energy. It was consciousness. It was self-awareness. And the LORD said, "And this shall be my name forevermore."

This name of God is not simply a name, but it is a word that comes out of that Word by which all things were made. When we

say the name I AM THAT I AM we are confirming that the same God who spoke to Moses stands where we stand.

I think that this is the very beginning of the science of the splitting of the atom, the releasing of the energies of the nucleus of life. And it is also the beginning of the opening of the Inner Self of man and woman.

## Q: Everybody says "I am" many times a day. So are you saying that they're actually naming God when they say "I am"?

**A:** The verb *to be* is the first statement of being, and as God is First Cause, he is Being. Some schools of metaphysics and teachings such as Unity have taught, as has Norman Vincent Peale, that what we affirm in a positive way we bring into our lives, and what we affirm negatively we also bring into our lives.

Some have evolved positive affirmations beginning with "I am": "I am well." "I am happy." "I am whole." And they have cautioned us not to say "I am sick" or "I am tired" or "I am unhealthy." And we find that these affirmations work, not only because of the power of positive (or negative) thinking but because the very name I AM itself releases the energy of God.

# Q: Is the element of ego involved in this? I think to many people it appears that when one says "I am," one is asserting one's ego.

**A:** It is the Divine Ego of us all who declares within us, "I AM." We can choose to be that I AM. We can choose to be one with that Divine Ego or we can rebel against it and say, "Well, I'm going to be what I want to be." We can affirm a separate identity from that inner I AM, and we can affirm it so long that we eventually lose contact with the inner Divine Ego and we live the life of the human ego.

Q: You have mentioned the teachings of Buddha. Where is the teaching of the I AM found in Eastern religions?

**A:** In the East the corollary to the I AM THAT I AM is the Om, which is spelled *Om* or *Aum*. The object of religion and of devotion in the East is to go within, to go into samadhi, to go into nirvana. And the going within to the source of energy is reflected in the way of life. For instance, in India, where religion is of major import, the outer conditions of many reflect poverty but the people have a rich inner life.

In the West the goal of contact with God is to go within and draw forth the inner flame for the mastery of the matter plane. And we find that mastery being expressed in our environment.

One of the mantras used in the East to go within is the Om. In the West, God has given us the word *Om* as I AM THAT I AM. When it is repeated as a mantra, "I AM THAT I AM, I AM THAT I AM...," it has the effect of drawing forth energy to meet every challenge of our life.

### Q: Can one use it in a broader sense? Is there more that one can do with it other than simply affirming that I AM?

**A:** Jesus said, "I AM the way, the truth and the life" and "I AM the resurrection and the life." He actually gave many affirmations that have been recorded in scripture, and he gave many more to his disciples that were not recorded. He taught them what we call the Science of the Spoken Word. That science begins with God and it ends with God, and it places man\* in the middle as the one who is the instrument for God becoming God.

#### Q: What is the relationship between God and his Word?

**A:** John says that in the beginning was the Word and without the Word was not anything made that was made. We find that the Word was made flesh in the incarnation of Jesus Christ. So the

<sup>\*</sup>Because gender-neutral language can be cumbersome and at times confusing, we have often used *he* and *him* to refer to God or the individual. These terms are for readability only and are not intended to exclude women or the feminine aspect of the Godhead. Likewise, our use of *God* or *Spirit* does not exclude other expressions for the Divine.

Word figures as the Second Person of the Trinity, the Christ, the Son of God. And the function of the Word is creation, the bringing forth out of the Father and out of his law the physical manifestation for us to behold. Man's lack of understanding of the Word before it is made flesh is that darkness that comprehended not the light.

With the coming of the Son of God, we discover the meaning of the Word as the Christ consciousness, as the very mind of God, of which Paul said, "Let that mind be in you which was also in Christ Jesus." This means that we can all become the incarnation of the Word. We can all attain to the level of Christ consciousness. In fact, it is our soul destiny to do so, and not only to be aware of the Self as God but to be aware of the Self as Father, as Son and as Holy Spirit—or, as the Hindus would phrase it, as Brahma, Vishnu and Shiva.

# Q: I suppose it's good to say that everybody can become the Christ, but how many have succeeded? Isn't Jesus the only one?

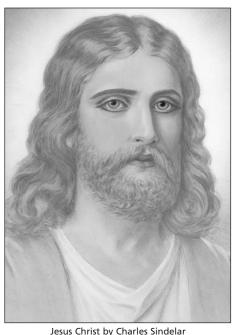
**A:** I think that people have an idolatrous sense of Jesus. They worship their own concept of what Jesus was. He is seen as the perfect Master, and he was indeed the perfect Master. But he is depicted in people's minds as someone robotlike, perfected in the flesh, so far above everyone else that no matter how well people do in their daily lives they can never come close to approximating the life of Jesus Christ.

And yet the saints have told us that we must imitate Christ. *The Imitation of Christ* by Thomas à Kempis is an important Christian work because it tells us that we must try to imitate Jesus' life. Jesus told us, "Be ye therefore perfect, even as your Father which is in heaven is perfect."

Now, many think that it is blasphemy to try to become like Christ. They believe that there was only one Son of God and that no one else can be like him because we are all sinners. It is this concept of original sin carried on and on generation after generation that makes people not even try to master the basic principles of life that Jesus taught. I believe this to be error and to

be anti-Christ, and L believe that it deprives Christians, Jews, Muslims and the whole world of the very essence of the life that Jesus lived

This essence is expressed in Jesus' statement: "He that believeth on me, the works that I do shall he do also; and greater works than these shall he do because I go unto my Father." This statement is the promise of the Lord Christ



himself, and our assignment is to work with him and with the Father and to be an imitator of his work.

If Jesus is giving us this assignment, then he must know that God has placed within us the resources to fulfill it. What are these resources? The basic resource of life is the spark of cosmic consciousness, which is the flame in the heart—the threefold flame of love, wisdom and power. The threefold flame is our inner focal point of the Trinity.

I believe that Christianity, as well as Judaism and Islam, has been stripped of the very meat of the Word because Jesus, Muhammad, Moses and the great prophets have been made an exception to the rule rather than the rule of living for us all.

Now is the hour for the coming of our understanding of

God as Mother—a Mother who takes her children by the hand and teaches them the wisdom and the law of the Father, a Mother of consolation who explains the role of the Holy Spirit as the great Comforter and the great forgiver in life.

Our understanding, then, is not of original sin but of "original bliss," as we are born of the Father-Mother God, of Alpha and Omega, the beginning and the ending. As we see our souls coming forth from the Father-Mother God, we realize that we come into the world not with the sin of Adam and Eve but with the original blueprint of our Maker. This divine blueprint endows us with the ability to become joint heirs with Christ, with Moses, with Muhammad and with Gautama Buddha.



ELIZABETH CLARE PROPHET is a world-renowned author. Among her best-sellers are Fallen Angels and the Origins of Evil, Saint Germain's Prophecy for the New Millennium, her 10-book series Pocket Guides to Practical Spirituality including Karma and Reincarnation, Soul Mates and Twin Flames and Alchemy of the Heart, and The Lost Years of Jesus: Documentary Evidence of Jesus' 17-Year Journey to the East.

She has pioneered techniques in practical spirituality, including the creative power of sound for personal growth and world transformation. Her books are translated into more than 20 languages.

## Inner Perspectives

## A GUIDEBOOK FOR THE SPIRITUAL JOURNEY

Elizabeth Clare Prophet, a pioneer in modern spirituality, recorded thirteen weeks of daily spiritual talk shows on radio station KIEV in Los Angeles. This was to become radio history.

This profound book, based on these ground-breaking interviews, reveals the step-by-step keys to personal enlightenment. Elizabeth Clare Prophet discusses life's deepest mysteries, covering topics such as the aura, awakening to life's purpose, sexuality and spirituality, karma and reincarnation, spiritual keys to healing, mystery schools and the ascended masters.

This is a book that deserves to be on every spiritual seeker's bookshelf.

