

# Keys to the Kingdom

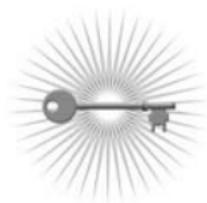
*And New Dimensions  
of Being*



Mark L. Prophet • Elizabeth Clare Prophet

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*And New Dimensions  
of Being*



Mark L. Prophet  
Elizabeth Clare Prophet

SUMMIT UNIVERSITY  PRESS®

KEYS TO THE KINGDOM AND NEW DIMENSIONS  
OF BEING

Teachings of Mark L. Prophet and Elizabeth Clare Prophet  
compiled by the editors of Summit University Press

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A decorative rectangular border with ornate floral and scrollwork designs at each corner, framing the text.

*Little keys unlock  
the biggest doors,  
and man  
must be ready  
to walk through  
and not stand hesitatingly  
upon the threshold.*

—EL MORYA



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Because gender-neutral language can be cumbersome and at times confusing, we have sometimes used *he* and *him* to refer to God or the individual. These terms are for readability only and are not intended to exclude women or the feminine aspect of the Godhead. Likewise, our use of *God* or *Spirit* does not exclude other expressions for the Divine.

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## KEYS TO THE KINGDOM

*T*his little book seeks to summarize forty years of teachings delivered through Mark and Elizabeth Clare Prophet. It provides an answer to the often-asked question, “Tell me in a nutshell: What is it that Mark and Elizabeth Prophet teach? What is the essence of their message?”

It is difficult to encapsulate the lifelong mission of these two remarkable people into one small book. Yet, the vastness of the message can be distilled into the Great Commandment—love for God, love for one’s neighbor as oneself, love for the Christ and the Buddha within. It is the path walked by the saints of East and West for centuries.

The message is timeless, yet Mark and Elizabeth Clare Prophet give a new perspective on this message for a new millennium. In it you

will find the keys that can unlock the door to your Inner Self. In it you will find the keys to your destiny on earth. In it you will find the spiritual keys for your journey Home to God.

Your soul has been waiting for this message for a long time. And yet, you did not need to look very far. The message was always there, close at hand—right inside you. It is the message of the Higher Self, the inner guide and the teacher within. It is the message of the heart.

Perhaps that is why many recognize this message when they hear it, finding it strangely familiar. “Why yes,” they say, “I already know that. I have always known this eternal truth.”

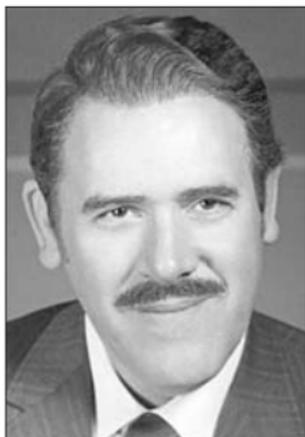
*Behold, the days come, saith the LORD, that I will make a new covenant with the house of Israel and with the house of Judah.... I will put my law in their inward parts, and write it in their hearts; and will be their God, and they shall be my people.<sup>1</sup>*



## THE MESSENGERS

*F*or every message from the realms of light, there is a messenger. The task of the messenger is to bring the message of truth from those realms to embodied mankind. Mark and Elizabeth Prophet are two such messengers, and their mission is to bring a new gospel for this age. It is the Everlasting Gospel foreseen by the author of Revelation.

To be a messenger is a special calling from God. Messengers do not come along every day, nor is their task an easy one. It is hard to bring a message of Truth to mankind. Most of us would rather not hear that we should change or move from our comfort zone. But God has always sent his messengers as wayshowers, to light the way on the spiritual path, exhorting mankind to return to him.



**Mark and Elizabeth Clare Prophet**

Ultimately, the concept of a messenger is a simple one. A messenger is a reminder, sent to remind you of what you already know and who you really are: you are a great and powerful spiritual being; you have come from heaven, and to heaven you are destined to return.



## A UNIQUE ROLE

Elizabeth Clare Prophet has described her role as messenger in the following way:

“My calling is to be a prophet of God. Prophet means one who speaks for God, hence, a messenger. Coincidentally (although I don’t believe in coincidences), my name matches my calling. Prophet is the surname of my late husband and teacher, Mark L. Prophet. It was the family name that had been carried through generations from France to Ireland to Canada to Chippewa Falls, Wisconsin.

“Mark was a prophet and a messenger, called by God through the ascended master El Morya to found The Summit Lighthouse in Washington, D.C., in 1958. He was and is the most amazing person I’ve ever met—the most humble, the most holy, the most human.

"We were together for 12 years, were married, had four children, wrote many books, lectured around the world and built our movement. And then he passed on in 1973, his soul now one with God, yet ever with me.

"In 1964, I received the 'mantle' of messenger, including gifts of the Holy Spirit. And throughout my ministry, by God's grace, I have built upon the foundation of prophetic teachings already laid by my husband.

"As a messenger of God, I see myself as the servant of God's light within you. And the servant is not greater than his lord. My Lord is the Christ of Jesus and the Christ of you, who are one and the same. For, as John the Beloved wrote, that Christ was and is 'the true Light, which lighteth every man that cometh into the world.'<sup>2</sup> Therefore, I come as a servant of that light—your light, my light, your Christ, my Christ."



## CHAPTER 1

# BEINGS OF LIGHT IN THE REALMS OF HEAVEN

*M*any people who have been through a near-death experience speak of meeting wondrous beings of light while on the other side. Although some, such as Jesus, were easily identified, others did not reveal their name but simply flowed with love, compassion, teaching and guidance. Who are these masterful beings?

Let us take a look inside the heaven-world to gain some insight.

### **The Ascended Masters**

Many of those you might meet in the heaven-world are known as ascended masters. The ascended masters are our elder brothers and sisters on the spiritual path. They have graduated from earth's schoolroom and returned to God. From the heaven-realm, they guide and

teach mankind.

Many of these masters are familiar to us, having walked among us through the ages—others may be unknown to our outer mind. Since the dawn of time, these masterful beings have emerged from all races and nationalities, from all walks of life and all religions. Some of them are ancient beings of light, and their names have long ago become secondary to the flames they bear.

Whatever their origin in the vastness of our Father's universe, they all have something in common. They have balanced their misuse of God's energy (karma), accomplished their unique mission on earth and ascended back to the heart of God. One and all, they share a common light. These beloved ones form a part of the brotherhood of spiritual beings and angelic hosts known in heaven and on earth as the Great White Brotherhood.\* They are spoken of in Revelation 7 as the great multitude of saints "clothed with white robes" who stand before

\* *White* refers not to race or nationality but to the white light that surrounds the immortals. The Great White Brotherhood is a spiritual order of saints and adepts of every race, culture and religion. These masters have transcended the cycles of karma and rebirth and reunited with the Spirit of the living God.

the throne of God.

Among these saints are such well-known adepts as Gautama Buddha, Maitreya, Jesus Christ, Saint Michael the Archangel, Zarathustra, Moses, Melchizedek, Mother Mary, Teresa of Avila, Saint Francis, Saint Germain, Padre Pio and El Morya, to name just a few. Among their ranks are also unnumbered and unnamed loving hearts, servants of humanity who have returned Home and are a part of the living God forevermore.

The ascended masters are very much concerned with the evolutions of earth and the progress of the light in every area of human endeavor. Often working behind the scenes in the spiritual realm, the masters serve side by side with earnest seekers and public servants of every race, religion and walk of life to assist humanity in their forward evolution.

The ascended masters are teachers of mankind. They take a loving personal interest in their students and often intercede in their lives in many ways, both seen and unseen. They teach the path of overcoming victory where the soul can walk the earth with self-mastery, follow in the footsteps of Jesus or Buddha or other

great lights, and return to the heaven-world at the conclusion of a lifetime of service. This is the path of personal Christhood whereby each one can find the way of overcoming.

This path is well marked by the footsteps of those who have gone before, and there are guides who can assist you in the steps that you need to take. They can point out the pitfalls and point out the easier way through the rough terrain. They have ropes and tools to assist you in the upward climb, and in the difficult places they offer a helping hand up and over the precipice. The guides cannot make the climb to the top of the mountain for you, but they are there to assist you in any way they can.

Having once walked where we now walk, the masters are well qualified to teach us. And even as they teach mankind, they are students of other masters who are above them in the great chain of being, the heavenly hierarchy. The path of discipleship continues in the heaven-world and is a model for the student-teacher, master-disciple relationship on earth.

## **Homes of Light in the Heaven-World**

The heaven-world is a vast and yet well-organized place. Among the sights you would see there are beautiful retreats and places of learning. An ascended master retreat is a focus of the Great White Brotherhood anchored in the etheric plane where the masters reside. (The etheric plane is simply a dimension that is above our physical, mental and emotional world. This dimension is of a higher vibration that we call heaven, or the ascended master octave.)

Just as we have earthly houses and cities, so there are homes and cities of light in the heaven-world. The retreat of a master might have many rooms or buildings, accommodating many souls and serving innumerable functions. There are rooms for council meetings where the masters gather to discuss the affairs of earth and heaven, temples for devotion and worship, centers for learning and repositories of the great wisdom of the ages, places of training for souls of light as they travel in their finer bodies during sleep or between embodiments, and places for

rest at the conclusion of an earthly sojourn. As well as all of this, these retreats are anchoring points for certain spiritual energies on behalf of mankind.

Souls of mankind who are in embodiment and who desire to be trained are able to visit these retreats in their soul consciousness while their body sleeps. They come to learn and to study, to understand the circumstances of their lives and to prepare for the challenges of daily life in the schoolroom of earth. Many are consciously working at these inner levels to prepare for their life's calling or mission—their divine plan.

You may visit these retreats for some time before having a waking memory of your experience there. And although you may have just heard of the concept of an ascended master retreat, the retreats themselves are not new—they are ancient. The retreats and spiritual focuses of the Great White Brotherhood were established almost concurrently with the birth of the planet.

The retreats of the masters play an important role in the spiritual evolution of mankind. A retreat is more than a place where an ascended

master lives and receives his students, or chelas. A retreat is a mandala, or a forcefield, that is used by the solar hierarchies to release increments of energy to a planet and a people. This light is necessary to the forward progression of life on the planet. The masters step down this light through their chelas for distribution among mankind. It is this light and energy that literally sustains the planet as a platform for the evolution of all those who live here.

There are very few sincere seekers for truth who have not already journeyed to these retreats. You may well have visited the retreats while your body slept at night, even though you



**The Teton Range, Wyoming**

had no outer memory of this experience.

One of the most frequently visited retreats is the Royal Teton Retreat. This retreat is located within the Teton mountain range near Jackson Hole, Wyoming. This vast and active center is the principal retreat of the Great White Brotherhood on the North American continent. It is an ancient focus of great light, in operation long before the sinking of Atlantis more than 12,000 years ago. It is a gathering place for the ascended masters and their disciples, even as many of the masters also maintain the specialized functions of their own retreats at other locations.\*

The Royal Teton Retreat is the location of one of the Universities of the Spirit where thousands of unascended mankind attend classes of instruction each night. In these Universities they learn about cosmic law, the circumstances of their karma, their divine plan, the conditions on earth and other information vital to the ongoing evolution of the planet. When they awake from sleep, they are often inspired to urgently search on earth for what they remember from

\* For more information about the Royal Teton Retreat and other retreats of the ascended masters, see *The Masters and Their Retreats*, by Mark and Elizabeth Clare Prophet.

the heavenly realm.

A simple request or prayer can enable the angels to take you to the masters' retreats while your body sleeps at night. Here is a prayer you can give to ask to be taken to the Royal Teton Retreat:

### **Prayer for Soul Travel**

*Father, into thy hands I commend my spirit.  
Mighty I AM Presence and Holy Christ  
Self, I call to Archangel Michael and his  
legions of blue-lightning angels to protect and  
transport my soul clothed in my finer bodies to  
the Royal Teton Retreat near Jackson Hole,  
Wyoming this night. Escort me, instruct me,  
guide and protect me as I work to set free all  
life on earth. I ask this be done in accordance  
with the holy will of God.*

### **The Seven Rainbow Rays**

The path back to the Source can be walked over seven rays of the Christ consciousness that emerge from the white light.

Imagine a ray of white light entering a prism and dividing into seven rainbow rays. These are the natural division of the pure white light

emanating from the heart of God as it descends through the prism of manifestation. These are the subdivisions of the wholeness of Christ.

The seven rays are outlined as follows:

- (1) Blue—power and faith
- (2) Yellow—wisdom and illumination
- (3) Pink—love and beauty
- (4) White—ascendancy and purity
- (5) Green—science, healing and supply
- (6) Purple and gold—ministration and service
- (7) Violet—transmutation and diplomacy

The colors of the rays as they emerge from the white light remind us of Joseph's coat of many colors. Just as the seamless garment of the Lord Christ Jesus was white, so in his embodiment as Joseph, he wore the coat of many colors. The many became the one in the Christ, and out of that Christ light can be drawn forth the many colors of universal perfection. Regardless of their color, all of the rays have a white-fire core of purity that embodies all of the attributes of God.

Each day of the week there is released to the earth a special concentration of one of the seven

rainbow rays of God. As these rays enter the physical world, they become a flame, bursting with energy to ignite a world in the seven colors of the rainbow.

We who would follow in the footsteps of Christ may meditate upon the colors of the rainbow rays of light's perfection.

### **Meditation on the Rainbow Rays**

Blue is the flame of faith, promise, constancy, power, strength and of the earnestness and will of God. It flows out of vast luminous reservoirs into sea and sky. It is Tuesday's blessing to the earth.

Yellow is the merging of the gold and the white, imparting illumination, the consecration of right knowledge, the service of right knowledge, the outshining of the Christ mind and the establishment of the law of harmonious relations between all peoples and between God and all peoples. It is the ray of the sun sent to the earth on Sunday, the day of the sun.

Pink is the symbol of divine love. Love is joyous, buoyant and beautiful. Through the power of love, men learn how they may impart to others the beauty and the compassion they have

received from God. Love is the requirement of the hour. In the giving of this charity and beauty, there is no robbery, but only the fair exchange among all souls who are ennobled by the same love that God is. Monday is the day of the week that is imbued with the creative power of love.

The white ray of purity is composed of all of the colors of the rainbow. It has its own gigantic sheath that, as a sea of liquid flame, holds before the children of men the longing to be a part of that which can never be contaminated by reason or by deceitful act. The white light is the mind of God, the nature and character of God. It is freedom from stain and blame, the triumphant merging of the many colors into the purity of the One. Friday is the day when through purity man obtains his freedom from the bonds of limitation.

The ray of green imbues all life with the perfect blend of the yellow and the blue—the faith and wisdom of God in nature. The eternal newness of the color green charges man with the healthful and health-giving chlorophyll of the sun—the fire of the sun and the fire of the power to create. The healing green restores man

to the primal nature of God. The ray of green supplies man with every lack and is the color of abundance and supply. It penetrates the earth on Wednesday, the day of healing and wholeness.

The purple and the gold imbue man with the desire for cosmic service. The colors are symbolic of the priesthood of true believers. The purple speaks of the illumined fire of the soul. This fire must assist every part of life to find reunion with its Source and with the golden law that God has dispensed to men. It is the ministration of the Christ to his disciples, of the servant who is not greater than his Lord. This twofold action of God's body (purple) and his essence (gold) bathes the earth on Thursday.

Finally, the violet ray synthesizes into action the rays of love and power, the pink and the blue, forming the radiance of the violet flame. Also called the royal purple, it shows the sense of the mantle aborning within the consciousness of man.

God has caressed and blessed the individual. Now that one must wear the mantle of the seventh ray, the robe of tact, diplomacy and of judgment. He must mediate as best he can for

his fellow men, for those who have not yet advanced to his level of attainment. He must serve the cause of freedom and help deliver men from the bondages they themselves have created. He does not expect thanks, but holds in his grateful heart the feeling of gratitude for more service in order that tomorrow he may give in greater measure that which he has given in lesser measure today. The violet ray is amplified on Saturday—a day to pause and consider the meaning and ritual of freedom.

### **Discipleship Under Seven Masters of Wisdom**

The seven rainbow rays present seven paths to individual self-mastery, defined as the seven archetypes of Christhood. There are seven masters who have mastered identity by walking the paths of the seven rays and now stand to help others walk these paths.

These seven masters are known as the chohans of the seven rays. *Chohan* is a Sanskrit term for lord. The chohans define the law on their ray; through them that energy of the Christ and of God flows to mankind, to all who are evolving on that particular path.

The chohans are the closest ascended masters to us. They function in planes of perfection, but these planes are simultaneously one with the Matter plane where we are—there is a congruency of Spirit and Matter, and time and space are but coordinates of infinity. Therefore, you could say that the chohans are here with us.

All of the chohans are teachers of mankind. Each of them opens to you a path of discipline that corresponds to the ray and chakra (spiritual center) that that one represents. Let us look briefly at these seven chohans and their retreats.

El Morya, chohan of the first ray, maintains his focus of the will of God on the etheric plane concurrent with Darjeeling, India. He is the Chief of the Darjeeling Council, a council of ascended masters of the Great White Brotherhood.

Lanto is the lord of the second ray, the yellow ray of illumination. He serves in the Royal Teton Retreat. He is especially concerned with the education of the youth of the world.

Paul the Venetian is chohan of the third ray of divine love, the pink flame. He is the hierarch at the Château de Liberté in southern France. He sponsors the ascended master culture for this age and works with all who desire to bring that

culture forth on behalf of mankind.

Next we come to the great disciplinarian, Serapis Bey, chohan of the fourth ray. Serapis maintains the focus of the Ascension Temple at Luxor in Egypt. This is the place where candidates for the ascension are received, and it is considered the most difficult retreat to enter. Serapis Bey is the teacher of the path to the ascension.

Hilarion is the chohan of the fifth ray, the green ray of precipitation and truth. He was embodied as the apostle Paul. He maintains the Temple of Truth on the etheric plane over the island of Crete, in Greece. He works especially with atheists, agnostics, skeptics and others who have become disillusioned with life and with religion.

The sixth ray of ministration and peace is presided over by Nada as chohan. The flame of the sixth ray is purple, the color of violets, flecked with metallic gold. Nada's retreat is in Saudi Arabia.

Saint Germain, chohan of the seventh ray, holds a very important position in hierarchy in this age. Not only is he the chohan of the seventh ray of freedom, mercy, transmutation

and ritual, but he is also the hierarch of the Aquarian age. The pulsations of the violet flame can be felt from his etheric retreat over the Carpathian foothills in Romania and from the Cave of Symbols in the United States.

The offices of the seven chohans of the rays are divinely appointed by the cosmic hierarchy. Those who hold these offices are selected from among the most qualified ascended beings who have risen from earth's schoolroom. Each one has attained self-mastery and won the ascension by serving humanity on one or more of the seven rays through their embodiments in the world of form.

The chohan for each ray is responsible for the administration to mankind of all the aspects of their ray, while harmonizing their administration with the other six rays of the white light. The chohans always obey cosmic law; yet they are given certain latitude in keeping with their own individual evolution, capacities and endowments to direct mankind in the most adroit manner, giving loving assistance and spiritual direction as needed. Legions of angelic hosts and ascended brethren serve with them to carry out the plan of the Great White

Brotherhood for the most complete expression of the seven rays that is possible.

Mankind are keyed to certain rays in order that they may perform a specific service to God and man. Each of us "majors" on a particular ray, and we also have a "minor" ray on which we serve. Our ray may vary from one embodiment to the next, but the reward for service is cumulative, and thus powerful momentums may be retained from our past service on several or all of the rays. A balance of attainment on all of the seven rays is a requirement for the ascension and the mark of the golden-age man.

The services of the seven chohans impact all who work in the world whatever their level of service: statesmen, leaders and organizers are on the first ray under El Morya; teachers, philosophers and educators serve on the second ray under Lanto; artists, designers, beauticians and those of a creative nature serve on the third ray under Paul the Venetian; architects, planners and those dedicated to the purity and discipline of any undertaking serve with Serapis Bey on the fourth ray; doctors, scientists, healers, musicians, mathematicians and those

consecrated to truth serve on the fifth ray with Hilarion; ministers, nurses and all who administer to mankind's needs assist Nada on the sixth ray; diplomats, priests of the sacred fire, actors, writers and defenders of freedom serve with Saint Germain on the seventh ray.

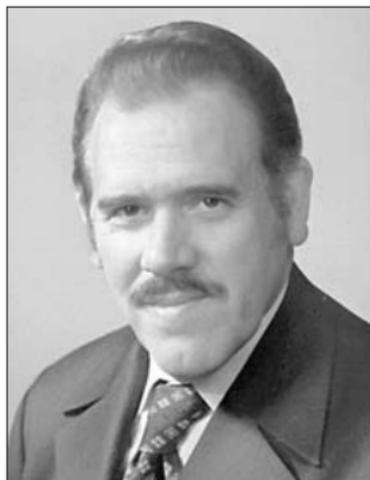
If we lack one of these godly attributes and want to make progress on a particular path back to God, we can pray to our God Presence, our own Holy Christ Self and the chohan of that ray for those qualities we want to see manifest in us. For example, we can pray to Paul the Venetian to assist us to develop more love in our life and to understand the true meaning of divine love so that we can better serve mankind.

By working with a chohan, we can make great strides of spiritual progress in a comparatively short time. If we are not certain what is our ray, it is best to begin with the first ray and the master El Morya. Morya prepares the students for their work with the other masters.



## NOTES

1. Jeremiah 31:31, 33.
2. John 1:9.
3. Dannion Brinkley, July 2, 2000.
4. Exod. 3:14, 15.
5. John 1:9.
6. The Gospel of Philip 67:26–27, in James M. Robinson, ed., *The Nag Hammadi Library in English*, 3d ed., rev. (San Francisco: Harper & Row, 1988), p. 150.
7. The Gospel of Thomas, saying 108, in *The Nag Hammadi Library in English*, p. 137.
8. Arya Maitreya and Asanga, *The Changeless Nature (The Mahayana Uttara Tantra Shastra)*, trans. Katia Holmes and Ken Tsultim Gyamtso (Eskdalemuir, Scotland: Kama Drubgyud Darjay Ling, n.d.), p. 21.
9. Rev. 22:1.
10. Gen. 3:21.
11. Gal. 6: 5, 7–10.
12. Dannion Brinkley with Paul Perry, *Saved by the Light* (New York: Villard Books, 1994), pp. 18, 19.
13. *Ibid.*, pp. 20–21.
14. Matt. 3:17.
15. John 7:38.



Mark L. Prophet and Elizabeth Clare Prophet are pioneers of modern spirituality and internationally renowned authors. For more than 40 years the Prophets have published the teachings of the immortal saints and sages of East and West known as the ascended masters. Together they have given the world a new understanding of the ancient wisdom as well as a path of practical mysticism.

Their books, available in fine bookstores everywhere and on-line, have been translated into more than 20 languages and are sold worldwide.

## *Keys to the Kingdom And New Dimensions of Being*

Elizabeth Clare Prophet teaches that the Kingdom of God is not, in fact, a place, but rather a state of consciousness. This insightful little book reveals practical steps that each of us can take to reach new dimensions of being, God consciousness, cosmic awareness. So what are you waiting for? As the renowned Master El Morya once said:

*"Little keys unlock the biggest doors  
and man must be ready to walk  
through and not stand hesitatingly  
upon the threshold."*

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